

The Trumpeter

South Central Wisconsin Synodical Women's Organization
Women of the Evangelical Lutheran Church in America
Volume 35, Number 1 January 2023 Published Quarterly

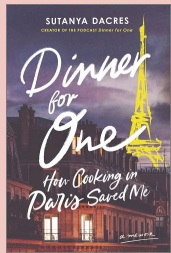
Voices of Color

Voices of Color will continue in 2023. We will discuss a book quarterly again this year. Consider joining the synod wide zoom discussion. Or offer the discussion to happen in your congregation.

Voices of Color is a joint event supported by the Synodical Women of the WELCA and the Synod Racial Equity Ministry Team.

February 7 (Tuesday) 7 -8 p.m.

Registration link https://us06web.zoom.us/join/join/join/register/tZYscO-rqzwjHdLvH4qbrDltiP- jt_ek7wP



Dinner for One: How Cooking in Paris

Saved Me by [Sutanya Dacres](#) (Author)

Reeling from her sudden divorce and the cracked facade of that picture-perfect expat life, Sutanya grew determined to mend her broken heart and learn to love herself again. She began by cooking dinner for one in her Montmartre kitchen. Along the way, she builds Parisienne friendships, learns how to date in French, and examines what it means to be a Black American woman in Paris--all while adopting the French principle of pleasure, especially when it comes to good food, and exploring what the concept of self-care really means.

Spring Update Meetings

Monroe Conference - April 29, 2023, 9:30 to noon at Adams Lutheran Church, N7148 Cty. A, Argyle lunch will conclude the meeting.

Baraboo Conference - April 22, 2023 meeting in the morning and a noon luncheon at Bonnet Prairie, N3694 Old F Rd., Rio

East/West Conference - To be announced at a later date.

Elkhorn Conference - Spring Gathering will take place on Saturday, April 29, 2023, at First English Lutheran Church, 401 W Main St, Whitewater.

Beloit Conference - Possibly March or April at a church in Beloit more information to come.

Barneveld Conference - Wednesday, April 26, 2023 at 6:30 to 8:30 p.m. location to be determined.

Southwest Conference - a March or April date and location to be announced.

Southlake - will not be hosting a Spring Update meeting. Women of all ages are invited to attend any of the other Spring Conference Update meetings.

Beaver Dam - will not be hosting a Spring Update meeting. Women of all ages are invited to attend any of the other Spring Conference Update meetings.

Please check the Synod Women of the ELCA web page for the updated information. <https://scsw-elca.org/welca/>

Women of the ELCA Purpose Statement –

As a community of women created in the image of God, called to discipleship in Jesus Christ and empowered by the Holy Spirit, we commit ourselves to grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action, and promote healing and wholeness in the church, the society, and the world.

PROPÓSITO

Como comunidad de mujeres creadas a imagen de Dios, llamadas a convertirnos en discípulas de Jesucristo, y fortalecidas por el Espíritu Santo, nos comprometemos a crecer en la fe, afirmar nuestros dones, apoyarnos las unas a las otras en nuestras respectivas vocaciones, involucrarnos en el ejercicio del ministerio y la acción, y promover la sanación y la integridad en la iglesia, la sociedad, y el mundo.



South Central Synod of Wisconsin Women of the ELCA Board members and conference contacts

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Liaison to Beaver Dam
Conference

Conference Coordinators

Baraboo Conference

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St Peter's LC, Loganville

Beloit Conference

Barbara Clem

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East/West Conference

Polly Carter

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pfcart48@gmail.com
Good Shepherd, Madison

Elkhorn Conference

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smithjanna55@gmail.com
First English LC, Whitewater

Monroe Conference

Sandy Potter

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allankp@centurytel.net
Wiota LC, South Wayne

Barneveld Conference

Beaver Dam Conference
Southlake Conference
Southwest Conference

Year-end Treasurer notes

Your women's group/ unit may have been collecting offerings, thankofferings and Pennies for Poverty donations throughout the year and now you are asking "Where do these go?"

Regular offerings can be sent to me quarterly, every 6 months or once a year, whichever fits your unit the best. Use Form A <https://www.womenoftheelca.org/wp-content/uploads/2019/02/Form-A-pair-Espanol-5.2017.pdf> for regular offerings sent to us, you fill out your Congregations name and number, your treasurer's name, and address, phone number and email address. If you don't know your congregation number you can call me and I can provide you with that information. You make out your check to Women of the ELCA and send it to my address.

Sandy Seffrood, County Road D, South Wayne, WI 53587 (Mailing Address)

Thankofferings are to be given directly to the Churchwide Women of the ELCA using Form B <https://www.womenoftheelca.org/wp-content/uploads/2019/02/Form-B-pair-Espanol-5.2017.pdf> . If you accidentally have sent thank offerings to me-I pass them on to the Churchwide on your behalf. Filling out Form B is similar to the Form A, listing your congregation number and name, addresses and phone numbers etc. Our region and synod is 5K. Form B and your check made out to Women of the ELCA should be mailed directly to the address for the ELCA Gift Processing Center. You can also send Katie's Fund gifts or other special offerings with Form B to Churchwide.

Pennies for Poverty was started many years ago encouraging women to save pennies which is a small amount that adds up when put together with many units. The synodical Women of the ELCA has designated DIAS in Madison (domestic abuse services) for our pennies donation. All money collected and sent to us is sent on to DIAS. Use Form A and fill out the blank area for pennies for poverty and the same information as a regular offering and mail to me also. If there is an organization that supports domestic abuse services near you that you prefer to donate your pennies offerings to, please send a check directly to that organization and fill out a form A letting us know who and how much you donated your pennies offering to.

As always if you have any questions about where to send offerings, or what form to use or if you need extra forms please call and I will help you with your needs. Thank you for all of your generous gifts this year, we have been able to conduct our synodical business and support WELCA missions.

Sandy Seffrood, Synodical Treasurer, 608-558-5057 or email sefffarm@gmail.com or swsctreas@gmail.com

Women of the ELCA
Mujeres de la IELCA

Offering Form A
Formulario de Ofrendas A

Use el formulario A para mandar las Ofrendas Regulares, y Ofrendas de su convención OSK a su organización de mujeres sinodical. Haga el cheque a nombre de "Mujeres de la IELCA." Envíe el formulario con su cheque a su tesorera sinodical. Para más información, por favor llame al 1-800-638-3522, ext. 2730.

DATE/FECHA	
CONGREGATION/CONGREGACIÓN	
CONGREGATION CITY & STATE/CIUDAD Y ESTADO	ZIP CODE/CÓDIGO POSTAL
UNIT TREASURER NAME/NOMBRE DE LA TESORERA DE SU UNIDAD	PHONE/TELÉFONO
ADDRESS/DIRECCIÓN	EMAIL/CORREO ELECTRÓNICO
CITY AND STATE/CIUDAD Y ESTADO	ZIP/CÓDIGO POSTAL
DESCRIPTION/DESCRIPCIÓN	AMOUNT/CANTIDAD
REGULAR OFFERING (OFRENDAS REGULARES)	\$
SWO CONVENTION OFFERING (OFRENDAS DE LA CONVENCIÓN OSK)	\$
CONFERENCE OR COUNCIL OFFERING (OFRENDAS DE CONFERENCIA O GRUPO)	\$
TOTAL	\$

*Se recomienda que al menos el 50% de cualquier ofrenda de grupo o conferencia se envíe a la tesorera sinodical para que entregue al 100% al fondo de apoyo a la tesorera sinodical para el apoyo de la IELCA. Utilice esta línea si usted está administrando la ofrenda de un grupo, evento o conferencia.

Form WOMEN 12/01/17 ELCAW01072

Women of the ELCA
Mujeres de la IELCA

Offering Form A
Formulario de Ofrendas A

Use el formulario A para mandar las Ofrendas Regulares, y Ofrendas de su convención OSK a su organización de mujeres sinodical. Haga el cheque a nombre de "Mujeres de la IELCA." Envíe el formulario con su cheque a su tesorera sinodical. Para más información, por favor llame al 1-800-638-3522, ext. 2730.

DATE/FECHA	
CONGREGATION/CONGREGACIÓN	
CONGREGATION CITY & STATE/CIUDAD Y ESTADO	ZIP CODE/CÓDIGO POSTAL
UNIT TREASURER NAME/NOMBRE DE LA TESORERA DE SU UNIDAD	PHONE/TELÉFONO
ADDRESS/DIRECCIÓN	EMAIL/CORREO ELECTRÓNICO
CITY AND STATE/CIUDAD Y ESTADO	ZIP/CÓDIGO POSTAL
DESCRIPTION/DESCRIPCIÓN	AMOUNT/CANTIDAD
REGULAR OFFERING (OFRENDAS REGULARES)	\$
SWO CONVENTION OFFERING (OFRENDAS DE LA CONVENCIÓN OSK)	\$
CONFERENCE OR COUNCIL OFFERING (OFRENDAS DE CONFERENCIA O GRUPO)	\$
TOTAL	\$

*Se recomienda que al menos el 50% de cualquier ofrenda de grupo o conferencia se envíe a la tesorera sinodical para que entregue al 100% al fondo de apoyo a la tesorera sinodical para el apoyo de la IELCA. Utilice esta línea si usted está administrando la ofrenda de un grupo, evento o conferencia.

Form WOMEN 12/01/17 ELCAW01072

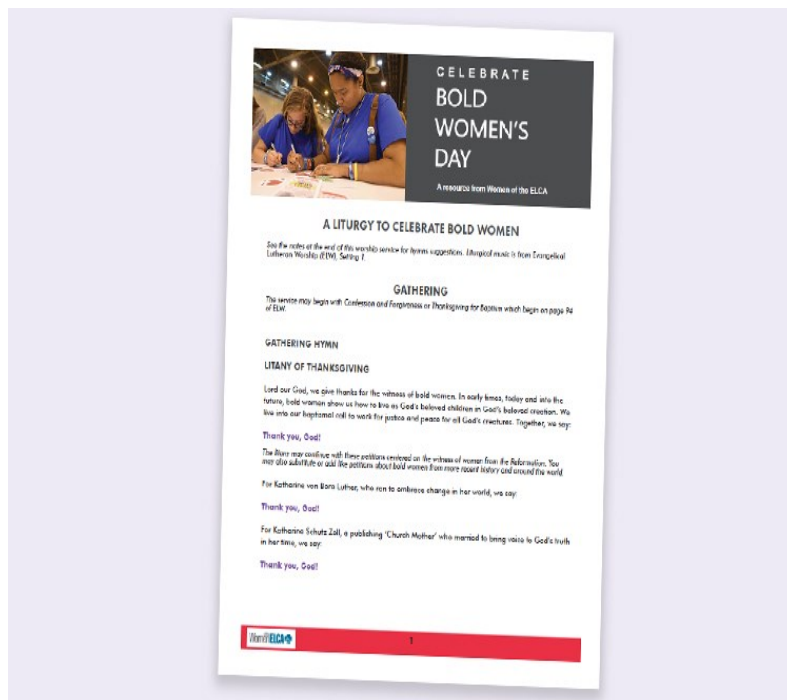
Bold Women's Day

Celebrate the bold women in your life

Bold Women's Day—observed the first Sunday of March— celebrates all Lutheran women who have acted or are acting boldly on their faith in Jesus Christ. Some women are bold in their unceasing prayers. Other women are bold in their service to those in need. Still other women are bold in their advocacy or through their hospitality. Whether we live out our bold story of faith in the workplace, family home or community, our faith compels us to make a difference in the lives of others. It's all about living out our baptismal call, about being a disciple of Christ. Are you bold? English and Spanish versions.

<https://www.womenoftheelca.org/wp-content/uploads/2017/10/2023BWDresource.pdf>

<https://www.womenoftheelca.org/wp-content/uploads/2017/10/2023BWDresourceSPAN.pdf>



2023 Women of the ELCA Triennial Gathering Planning has begun!

The Twelfth Triennial Convention/Gathering is scheduled for **September 19-21, 2023**, in Phoenix, Arizona. The Convention will be held at the Sheraton Phoenix Downtown. Voting members, elected in the 64 synodical women's organizations across the United States, will conduct the business of the organization. The Triennial Gathering will be held after the business meeting, bringing together women from all over the U.S. Detailed information will be shared as it becomes available.



- **Thank you, volunteers!** We have a few ladies who have volunteered to sew Badger fabric coasters that will be given out as “favors” to share with women from other Synods who are attending the Triennial Gathering. The Badger fabric coasters will identify the South-Central Wisconsin Synodical Women’s Organization (SWO) attendees as coming from Wisconsin. Our sincerest thanks to these ladies for their willingness to help make these coasters!
- **Additional Volunteers needed!** If you are unable to attend the Triennial Convention but would still like to be involved, we need additional volunteers willing to sew fabric coasters. Easy-to-follow instructions are included in the January 2023 *Trumpeter*. We are estimating a need for 1000 coasters. Please contact Marlys Hittesdorf at premiermarlys@yahoo.com or 608-558-8227 if you have any questions or are willing to help with the sewing of the fabric coasters. It would be awesome to have all 130+ churches in the Synod involved in this project!
- **Interested in attending the Triennial Convention?** Do you plan to attend? Will you be traveling with a friend? Are you planning to invite a friend to go with you? How are you getting to Phoenix? The Triennial Gathering Committee is working on these very topics! If you are interested or are planning to attend the Women of the ELCA Triennial Gathering event next September in Phoenix, please contact one of the Triennial Gathering Committee members. We will need your name, best way to contact you (email, text, phone call), your mailing address and any other information that would be beneficial to know about for travel or while attending the Gathering.
- **Got some ideas?** The Triennial Gathering Committee is hoping to meet with women of our Partner Synod in Caribbean for a meal/fellowship. We are also working on the logistics to make the Triennial Gathering an enjoyable experience for our South-Central Wisconsin SWO attendees. However, we need your help. Do you have an idea for something that would identify our Wisconsin attendees (scarf, boa, shirt, etc.) as a Synod? We could use your help to come up with a unique idea. If you have a suggestion, please contact one of the Triennial Gathering Committee members.

Watch the *Trumpeter*, the Synod Women of the ELCA web page (<https://scsw-elca.org/welca/>) and the Women of the ELCA web page (<https://www.womenoftheelca.org/events>) for additional details on the 2023 Triennial Convention/Gathering as they are released.

We hope you will consider joining other women from across the U.S. for this Spirit-filled, faith building event!

The Triennial Gathering Committee Members = Donna Peterson dpeter8182@gmail.com / 608-574-5389
Polly Carter -- pfcart48@gmail.com / 608-271-7912
Marlys Hittesdorf – premiermarlys@yahoo.com / 608-558-8227

DIRECTIONS TO MAKE A FOLDED BADGER FABRIC COASTER

Cut out 6 squares in total – 5" x 5" -- one for the base, one for the lining and four for the front.

NOTE: Two Badger fabrics make a nice contrast, but only one is required. Base and lining fabric can be inexpensive fabric, especially since the lining is not seen once the coaster has been completed.



Fold each of the front four squares in half with wrong sides together and press the centerfold.



Place the base and lining together **WRONG** sides together. Whatever fabric you want to show on the bottom of the coaster should be placed face up.



Place one of the four half squares with the fold toward the center of the base and the edges lined up at the top.



Working around the base clockwise, lay the second piece down again with the fold toward the center of the base and the edges matching up on the right.



Match the third piece with the folded edge toward the center of the base and the outside edge lined up with the bottom of the base.

Continued on next page.

The final piece is placed with the folded edge toward the center and the cut edge toward the left side of the base. Slip half this final piece under the very first piece placed on the base. You will want to make sure all four pieces are lined up perfectly in the center of the base.

Pin or clip all away around the edges.



Using a 1/4" seam, sew around the entire coaster base.



Trim each corner about halfway between the stitching and the edge.



Remove the pins and turn the coaster inside out. Should the corners need a little more adjusting, just use a knitting needle to poke them out a bit more from the inside. Press, keeping the center seams tightly together. You're done!



Mail/deliver the completed coasters to Donna Peterson, 4966 State Road 23, Dodgeville, WI 53533 **by Tuesday, September 5, 2023.**





LIRS

80 Years of Welcome

<https://www.lirs.org/> Great resource to learn more about immigration.

Lutheran Immigration and Refugee Service MISSION & VISION

VISION - All migrants and refugees are protected, embraced and empowered in a world of just and welcoming communities.

MISSION - As a witness to God's love for all people, we stand with and advocate for migrants and refugees, transforming communities through ministries of service and justice.

CORE VALUES

Welcome - "When I was a stranger, you welcomed me." Rooted in faith, LIRS believes that we are called to welcome those fleeing persecution and seeking refuge in the United States.

Prophetic Witness - Not all are prophets, but all are called to be prophetic witnesses. At LIRS, this means we are committed to speaking out boldly and standing up for the just treatment of those we serve.


Integrity - Driven by a desire to serve vulnerable refugees and migrants, we refuse to compromise our moral, economic, and political integrity as we carry out our mission to that end.

Innovation - Committed to bold action and continuous learning, LIRS invites others to join our mission, eager to embrace fresh perspectives and explore new ways to engage in this work of welcome.

A Lenten WELCA Resource: During this upcoming season of Lent you may find this resource to use in the time of reflection. This reflection can be done as a group or independently.


Looking into the Mirror: A Lenten Reflection

Lent is about looking into a metaphorical mirror, the kind we hold up to our souls. Use the Lenten season to refocus your faith life and realign your relationship with God through 40 days of reflection. The discussion questions work best in small groups, though this resource can also be used independently.



Looking into the Mirror

A Lenten Reflection



Lent is about looking into the mirror. Not the compact in your purse or the mirror above the bathroom sink, and not the big mirrored doors in a hotel room that show more than you might care to see. It's not even the 360-degree mirror made famous by the TV show "What Not to Wear." The mirror of Lent creates reflections even larger than that, for as author Annie Dillard reminds us, "how we spend our days is, of course, how we spend our lives." To ask questions about how we give, how we pray, and how we care for our neighbor is to hold a metaphorical mirror up to our souls. It is to lay open and bare before God our very lives, including all the things we hide from others and even that which we try to hide from ourselves.

One of the ways we enter into this soul-searching reflection is in the extended confession of sins in the Ash Wednesday liturgy that begins the Lenten period. The presiding minister first invites us into the discipline of Lent with these or similar words:

We begin this holy season by acknowledging our need for repentance and for God's mercy. We are created to experience joy in communion with God, to love one another, and to live in harmony with creation. But our sinful rebellion separates us from God, our neighbors, and creation, so that we do not enjoy the life our creator intended.

As disciples of Jesus, we are called to a discipline that contends against evil and resists whatever leads us away from love of God and neighbor. I invite you, therefore, to the discipline of Lent—self-examination and repentance.

Sister Joan Chittister has said that "souls die from lack of reflection." Lent is a good time for 40 days of reflection, 40 days of spiritual evaluation—an annual check-up, as it were. This resource invites you to use the Lenten season to refocus your faith life and realign your relationship with God.

1



Una mirada en el espejo.

Una reflexión de Cuaresma



La Cuaresma es el tiempo de mirarnos en el espejo. No se trata de la polvera que tiene en su bolso, o del espejo que se encuentra por encima del lavabo, ni tampoco de las puertas espejadas de una habitación de hotel que muestra más de lo que se quería ver. Ni siquiera se trata del espejo de 360° que se hizo famoso en el programa televisivo "What Not to Wear". El espejo de Cuaresma crea reflejos aún más amplios, ya que, como nos recuerda la autora Annie Dillard, "la forma en que pasamos nuestros días es, por supuesto, la forma en que pasamos nuestras vidas". Preguntarnos en qué forma damos, en qué forma oramos, y en qué forma nos ocupamos de nuestro prójimo, es como sostener un espejo metafórico donde se reflejan nuestras almas. Es como presentar ante Dios nuestras propias vidas al desnudo, incluso todas aquellas cosas que ocultamos a los demás y aún las que tratamos de ocultarnos a nosotros mismos.

Una de las maneras de acceder a esa reflexión introspectiva es mediante una profunda confesión de nuestros pecados en la liturgia del miércoles de Ceniza que marca el comienzo del tiempo cuaresmal. El ministro celebrante primero nos invita a entrar en la disciplina de la Cuaresma con palabras como éstas o similares:

Comenzamos este tiempo santo reconociendo nuestra necesidad de arrepentimiento y misericordia divina. Fuimos creados para experimentar el gozo en comunión con Dios, para amarlos los unos a los otros y para vivir en armonía con la creación. Pero nuestra rebelión pecaminosa nos separa de Dios, de nuestro prójimo y de la creación, de manera que no gozamos de la vida como nuestro creador la concibió para nosotros.

La hermana benedictina Joan Chittister ha dicho que "las almas mueren por falta de reflexión". La Cuaresma es el tiempo propicio para cuarenta días de reflexión—cuarenta días de evaluación espiritual—un chequeo anual, por así decirlo.

Este recurso nos invita a utilizar el tiempo de Cuaresma para redefinir nuestra vida de fe y renovar nuestra relación con Dios.

1

Una Mirada en el espejo: Una reflexión de Cuaresma

La Cuaresma se trata de mirarse en un espejo metafórico, el tipo que tiene capacidad para ver nuestras almas. Utilice el tiempo de Cuaresma para reorientar su vida de fe y de realinear su relación con Dios a través de 40 días de reflexión. Las preguntas de discusión funcionan mejor en pequeños grupos aunque este recurso también se puede utilizar de forma independiente.

Caribbean Synod - Our partner synod update

On November 17, 2022, our liaison in Puerto Rico, Graciela Rivera wrote;

Yes, I will be celebrating Thanksgiving.



We are dealing with electricity as always since hurricane Maria. But doing pretty good, continue to serve others in need and our members of the church.

Right now I'm working on getting presents for children that have lost so much in this hurricane season. I want them to receive a gift at Christmas.

Please keep praying for us and for Florida Synod too. They have been battered by hurricanes too.

Thank you for your prayers and may our Father bless you mightily.

Grant from Katie's Fund update

The Churchwide Women of the ELCA Board had voted earlier in 2022 to give each Synod Women of the ELCA Board a \$1,000 dollar grant to use in a way of our own choosing for a program or ministry that falls into one of the three area supported by Katie's Fund: leadership development, global connection, or living theology.

It is the hope of Churchwide to mail out those checks in the next two weeks.

Your WELCA Synodical Board has been brainstorming ideas on how to use the money. At this time the Board is looking into the possibility of offering multiple sessions in-person and via zoom. The topics could be stewardship, discipleship, justice. We are in conversation with the other WELCA Synod Boards in Wisconsin to see if this could be offered statewide. We are also entertaining the idea of having the presentations/discussions done by a professional, possibly one of the writers for the Gather magazine. Our hope would be to have these offerings take place this spring. Please watch our synod WELCA web page, the Synod E-news, and possibly Trumpeter special mailing for more information.

To learn more about Katie here is a WELCA resource.

<https://www.womenoftheelca.org/filebin/pdf/resources/KatharinaBoldLifeOfFaith.pdf>

[https://www.womenoftheelca.org/filebin/pdf/spanish_resources/Una Audaz Vida de Fe Katie.pdf](https://www.womenoftheelca.org/filebin/pdf/spanish_resources/Una_Audaz_Vida_de_Fe_Katie.pdf)

South-Central Synod Women of the ELCA

<https://scsw-elca.org/welca/>

go to this link for information and resources related to Women of the ELCA events and materials in our Synod.

WELCA WWW.WOMENOFTHEELCA.ORG

What is **WELCA**? It's an easy way to say Women of the Evangelical Lutheran Church in America. Our organization includes Lutheran women who gather in over 7,000 locations in the U.S. and the Caribbean, for service, study, advocacy, fellowship and more! WELCA embraces all kinds of ministries that support our mission of mobilizing women to act boldly on their faith in Jesus Christ. There is a place for you in Women of the ELCA.

Like the South Central Wisconsin Women of the ELCA
[Facebook](#) page

GATHER, the magazine of Women of the ELCA

Gather offers a mix of articles, theological reflections, a Bible study, and stories of comfort and challenge that help readers grow in faith and engage in ministry and action. *Gather* is published 6 times a year with combined issues in January/February and July/August. A print subscription is \$19.95 a year. Digital access (computer, iPad, Android) is free to print subscribers. [For more information](#), or to subscribe by phone, call 1-844-409-0576. Intro offer for new subscribers: One year of *Gather* for just \$9.95.

Café

is a free monthly online magazine for women whether or not they identify as Lutheran. It explores topics that are relevant to women and how faith relates to these issues. Many use it to learn more about what the Lutheran Church has to say about issues and to start discussions with friends or classmates. Café, the monthly publication and podcast, are made possible through offerings donated by women from over 7,000 active WELCA units in congregations of the ELCA. See more at: www.boldcafe.org

The Trumpeter is the newsletter for the Women of the South-Central Synod of WI and is emailed four times a year to churches, leaders, and individuals in the synod.

January, April, July, October

The Trumpeter is available FREE of charge by email; send your request to:

welcatrumpeter@gmail.com

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South Central Wisconsin SWO

Send to: Sandy Seffrood

8329 County Rd. D, South Wayne, WI 53587

For office use only

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Amount: _____

<https://www.womenoftheelca.org/>



THE TRUMPETER

Tammy Hedrick, Editor
PO Box 539
Whitewater, WI 53190

Please share this Newsletter with the women of your congregation

Please note: All articles submitted for publishing in the newsletter must include the author's name. All submissions are subject to editing. We reserve the right not to publish any submission for any reason. Submission deadline is the 15th of the month prior to publication - welcatrumpeter@gmail.com. Submitted articles and photos may be posted on our Facebook page.

- <https://www.womenoftheelca.org/>
- South-Central Synod of WI Women of the ELCA <https://scsw-elca.org/welca/>
- Facebook page South-Central Synod of WI Women of the ELCA
<https://www.facebook.com/South-Central-Wisconsin-Women-of-the-ELCA-327816168436>
- WELCA Faithful Friends online <https://community.elca.org/faithfulfriends>
OR hardcopy <https://scsw-elca.org/wp-content/uploads/2018/12/WELCA-Giving-Faithful-Friends-Form.pdf>
- CAFÉ <https://www.boldcafe.org/>
- Gather Magazine <https://www.gathermagazine.org/>